Suicide Prevention & Awareness Resources

NATIONAL RESOURCES

- National Suicide Prevention Lifeline
  1-800-SUICIDE • 1-800-784-2433

- Crisis Text Line
  Text “HOME” to 741741

- American Foundation for Suicide Prevention
  https://afsp.org

- The Trevor Project
  1-866-488-7386 (available 24/7) • thetrevorproject.org
  Text “TREVOR” to 202-304-1200 (Mondays–Fridays)

MARYLAND HOTLINES

- Grassroots Crisis Intervention Center
  1-800-422-0009 • grassrootscrisis.org

- Maryland Youth Crisis Hotline
  y2connect.org/resource/Maryland-youth-crisis-line

- Maryland Crisis Connect
  Call 2-1-1 • mdcrisisconnect.org

ADDITIONAL RESOURCES

- Jewish Community Services
  410-466-9200 • jcsbalt.org

- jLINK – Online Community Resource Guide
  jLINK.org

- Survivors of Suicide Support Groups & Resources for Those Left Behind
  sosbaltimore.org

- Compassionate Friends
  compassionatefriends.org

- The Friendship Bench
  thefriendshipbench.org